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Commonwealth of Kentucky
Court of Justice www.kycourts.gov



_____District/Circuit Court
Criminal Branch
_____ Division
Specialty Court

Phase III: Social Development

In a 5 Stage Model of Recovery (PsyR), Stage 3 is **Preparation**. This is where the work begins. It is time to recognize your strengths and make connections.

Nan	me:						
Pro	gram (<i>circle</i>):	Drug Court	Mental Health Court	Veterans Court			
Му	last level of care a	ssessment from	a clinical treatment provi	der was (date):	, 2		
1.	What are your current treatment goals (with clinical treatment provider)?						
2.	What progress h	ave you made to	wards your treatment go	als?			
3.	What are your cu	ırrent Individual F	Program Plan (IPP) goals	s?			
4.	What progress h	ave you made or	n your IPP goals?				
5.	What tools do yo	u use to assist ir	n your recovery?				
6.	What part(s) of y	our recovery plai	n have assisted you in de	eveloping and/or main	ntaining health and we	llness?	
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7.	Were there components of your recovery plan health and wellness? If so, please explain	that turned out to be unhelpful, or ev	en harmful, in maintaini	ng your					
8.	What are some ways you have wanted to engage in your community? Create a plan to connect with your community. What does that look like?								
9.	What brings you happiness? What brings you prioritize/incorporate more of this into your daily	joy? What do you find fulfillment in? / routine?	What are some ways y	you can					
	Participant Signature	Date	, 2						
	SPC Staff Signature	 Date	, 2						