



**SPECIALTY COURT  
PHASE V PETITION**

\_\_\_\_\_ District/Circuit Court  
Criminal Branch  
\_\_\_\_\_ Division  
Specialty Court

Phase V: Continuing Care

In a 5 Stage Model of Recovery (PsyR), Stage 5 is **Growth**. At this phase you have gained tools that help you continue to be resilient. Self-confidence has grown and you are optimistic of the future.

Name: \_\_\_\_\_

Program (*circle*):      Drug Court      Mental Health Court      Veterans Court

My last level of care assessment from a clinical treatment provider was (date): \_\_\_\_\_, 2\_\_\_\_\_

1. What are your current treatment goals (with clinical treatment provider)? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

2. What progress have you made towards your treatment goals? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

3. What are your current Individual Program Plan (IPP) goals? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

4. What progress have you made on your IPP goals? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

5. What growth have you observed in yourself and what have others recognized in you? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

6. What does a happy, fulfilling life look like to you? How will you continue to achieve that? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

7. Resilience is the capacity to rebuild and grow from adversity. What skills have you gained that will help you when facing difficulties? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

8. You have dedicated a lot of time and effort to get to this phase. Now it's time to brag on yourself. What accomplishments have you made during your time in the program? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

9. What are your plans to maintain a healthier lifestyle? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

10. Picture all your support cheering you on. What are they saying? How can you be that support to others? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_, 2\_\_\_\_\_  
Date

\_\_\_\_\_  
SPC Staff Signature

\_\_\_\_\_, 2\_\_\_\_\_  
Date